

National Geographic Traveller (UK) September 2023 issue available on newsstands now

Submitted by: APL Media (Absolute Publishing)

Thursday, 3 August 2023

LONDON (3 August 2023) — The September issue of National Geographic Traveller (UK) is out now, and the cover story this month focuses on active adventures in Portugal. There's a wild side to the country that remains largely under the radar, be it swimming beneath the Milky Way in Alentejo, sleeping in a national park or surfing Atlantic breakers on the coast.

This issue also comes with a free guide to the Indian Ocean. From Mauritius's fusion cuisine to Sri Lanka's new long-distance hiking trail and the Maldives' residential islands, the 100-page guide proves it pays to explore when it comes to the beguiling region.

ALSO INSIDE THIS ISSUE:

California: Tuolumne County brings the Old West back with modern-day gold fever and cowboy towns.

Romania: Mountain traditions and ambitious rewilding in the Southern Carpathians.

Argentina: Gaucho guides saddle up to lead horseback tours into the depths of Patagonia.

Europe by rail: A no-fly guide to crossing the continent.

Cairo: The craft workshops of this storied capital thread together Egypt's past and present.

Marseille: With France set to host the Rugby World Cup, discover one of the games' key venues.

Stavanger: Long defined by the fjords on its doorstep, this Norwegian city surprises with newfound urban cool.

Palma: Majorcan chefs are busy revitalising old recipes.

Auckland: Linger in New Zealand's gateway city and you'll find welcoming spaces to relax in.

Smart Traveller: Celebrate 150 years of Budapest's unification; the festival opening up heritage sites; northeast Thailand's cuisine; New Orleans' art scene; design stays in Cologne; escape with the family to North Wales; a guide to Kilkenny; what to do in Rutland; six destination deep-dives; and a kit for your next day hike.

Notes from an Author: James Roberts on Wales's Cambrian Mountains.

Meet the Adventurer: Experimental archaeologist Dr Theresa Emmerich Kamper on her Stone Age style expedition.

Travel Talk: Ask the Experts helps you plan a family trip to Scandinavia on a budget, pick a destination for a stargazing weekend break, choose eco-friendly ways to avoid mosquito bites and travel around Australia or New Zealand by campervan. Meanwhile, The Info takes a look at China's Mid-Autumn Festival, and Hot Topic discusses whether river swimming in the UK is safe. Finally, Report gives advice on using AI tools to plan your next trip, while How I Got the Shot asks photographer Tristan Bejawn how he captured the essence Jaipur's artisan scene.

PLUS: Win a five-day trip to Ecuador for two, courtesy of Metropolitan Touring.

[natgeotv.com/uk/competitions](https://www.natgeotv.com/uk/competitions) (<https://www.natgeotv.com/uk/special/competitions>)

For a 26-page digital sample of the September 2023 issue, visit: [magazine.natgeotraveller.co.uk/sep23](https://www.magazine.natgeotraveller.co.uk/sep23)
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Notes

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CONTACT:

For editorial enquiries:

editorial@natgeotraveller.co.uk

Tel: +44 (0) 20 7253 9906

Pat Riddell, editor

Tel: +44 (0) 20 7253 9906

pat.riddell@natgeotraveller.co.uk

Maria Pieri, editorial director

Tel: +44 (0) 20 7253 9906

maria.pieri@natgeotraveller.co.uk

Matthew Jackson, managing director

Tel: +44 (0) 20 7253 9909

matthew.jackson@natgeotraveller.co.uk

Anthony Leyens, CEO

Tel: +44 (0) 20 7253 9909

anthony.leyens@natgeotraveller.co.uk