

Is Office Work In Britain A Pain In The Neck?

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...Employees left in the dark on the effects of poor ergonomics...

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British office workers are continuously suffering in the workplace because of poor ergonomics and cramped working environments, a survey from global LCD, plasma and CRT display manufacturer Hyundai ImageQuest today revealed.

The survey of over 200 office workers in the UK identified a shocking trend amongst those workers who spend between six and eight hours or more a day in front of their PCs.

Despite 57 per cent of respondents admitting to occasionally suffering headaches, migraines, and shoulder and neck pains, many have been left unaware of the cause of the pain. As a result, just over 60 per cent admitted to taking between 1-2 days away from work – potentially costing the country millions in lost productivity.

Moreover, UK bosses seem disinclined to tackling this fast growing problem. Over 62 per cent admitted that no ergonomic information or training ergonomics had been provided whilst just over 50 per cent could not even confirm whether or not they had an official Health and Safety officer at their place of work. In comparison, only 6 per cent had received an official ergonomics advice booklet and only 3 per cent had received necessary training.

One of the major causes of neck pain is long periods spent in front of a PC, where the head is held in a fixed position by sustained contraction of the neck muscles. Hyundai ImageQuest's ergonomically designed PC monitors allows for adjustable viewing positions, eliminating the need for fixed head position or uncomfortable posture.

"PC users should be able to work and enjoy using their computers without putting a strain on their health," said Jan Karlsson, Regional Manager, UK, Scandinavia and Baltic. "Yet many UK employers fail to recognise that something as simple as a poorly designed monitor can have a such a negative impact on their workforce."

About Hyundai ImageQuest

With 20 years industry experience in display market, Hyundai ImageQuest focuses solely on manufacturing the industry's broadest range of LCD and plasma displays and CRT monitors targeted at users' specific requirements.

Hyundai ImageQuest's offering ranges from 15-inch desktop LCD monitors through to 50-inch plasma displays with individual products targeted at gamers, office users and home TV users.

The company sells mainly through distribution with displays and monitors handled by Centreprise and Compusys. LCD and plasma TVs are currently distributed by Visual Displays.

Hyundai ImageQuest is headquartered in Korea with sales operations throughout Europe, China, Japan and United States. Its marketing office in the UK is in Basingstoke, Hampshire. For further information see: <http://www.hyundaiq.com>

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