

Run Around Rome - www.chooseitaly.com offers innovative way to see the city and stay in shape!

Submitted by: Compass Rose Marketing & PR

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If like me you love Italy but when on holiday there you pile on the pounds you spent weeks trying to lose, then take a look at this. Sight jogging is the new way to enjoy Rome's age-old history, architectural beauty and green spaces.

Your host meets you at one of the ChooseItaly.com select hotels and agrees a programme with you dependent on fitness level and areas of Rome you would like to see.

The 6.5km route will take about an hour, taking in the sights as you sweat and costs €70 for one person, €100 for two and €140 for four. Book in advance at <http://www.ChooseItaly.com/jogging> and don't forget to pack your trainers!

Editors: Contact me for any info on ChooseItaly, ChooseMalta, ChooseSouthAfrica or ChooseDubai:

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