

FIVE REASONS TO BUY HARRY'S NUTS! THIS FAIRTRADE FORTNIGHT

Submitted by: Liberation

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They taste great - both peanuts and cashews are cooked for longer for extra crunchy nuttiness

Five pence from every pack of salted peanuts bought at Sainsbury's goes to Comic Relief

They help farmers in Malawi, Mozambique, India and Nicaragua earn a better living and bring hope for their families

They cost around the same as the best known brands, so they're Fairtrade and easy on your pocket

And they'll make you smile - just look at the packaging! We all need a smile in these credit crunchy times...

Harry's Nuts! from comedian Harry Hill and Fairtrade nut company Liberation - available at Sainsbury's, Waitrose, vending machines, cafes and other outlets.

But which tastes better - salted peanuts or salted cashews? There's only one way to find out....
B...I... T.... E....!

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Fairtrade Fortnight is from February 23 - March 8. see www.fairtrade.org.uk