

How Not to Lose Those Holiday Pounds

Submitted by: ENS (Entertainment, News and Sport PR)

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We may be feeling credit crunched but most of us will still want to take a holiday this year. There are plenty of bargains, deals and payment options out there but we have looked at some ways of helping you get the best value holiday – regardless of what you decide to do...

Car Hire

Vroom Vroom Vroom (<http://www.vroomvroomvroom.co.uk>) offers an online price comparison service for the leading car rental companies (<http://www.vroomvroomvroom.co.uk>). Vroom guarantees best available web prices, no cancellation fees if you change your mind and no up-front fee's. In addition – and unlike many other services - you don't pay for your car hire until you get there so your money stays in your bank until you pick the car up. For more detail visit www.vroomvroomvroom.co.uk

Foreign Currency

One of the best foreign currency services at the moment is offered by the Post Office. They are offering 0% commission, competitive rates on over 70 foreign currencies and customers can order online for home delivery or you can collect from one of over 12,500 local Post Offices. Plus, if you have any unused foreign currency left over, they'll buy it back commission-free.

Go online for your quote

Airport Parking and Hotels

Being late for a flight is incredibly stressful but airport parking or hotels can seem prohibitive – however visit Holiday Extras and you may be surprised at just how affordable they make both these options. So confident that you will not find a cheaper deal around, Holiday Extras best price guarantee means they will refund your parking or hotel stay if you find a better deal elsewhere. With such good rates it could pay to get your holiday off to a smooth start.

<http://www.holidayextras.co.uk>

Insurance

From short city breaks to around-the-world trips, you would be very ill-advised to travel without insurance – but which to choose? Confused.com is a good place to start as they offer a price comparison service for you from many online travel insurers so you are bound to find something to suit you.

www.confused.com/travel

Airport Lounges

Travelling economy may be cost-effective but crowded airports can be a grim way to start your trip – especially if your flight is delayed. For a small fee, around £20, you can get access to a lounge in over 40 major airports worldwide. The service in most lounges includes 3 hours access, free drinks (alcoholic and soft), snacks, TV, free newspapers / magazines and wifi.

Go to www.executivelounges.com to find out more

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For more information about Vroom Vroom Vroom visit www.vroomvroomvroom.co.uk or contact Sam Bowman on 020 7934 9031 (sam@ensltd.com)

Editor's Note: Vroom Vroom Vroom is an online car rental (<http://www.vroomvroomvroom.co.uk>) company that offers the best available rates from all major brands, including Avis, Thrifty, Budget, Europcar and Hertz. Vroom Vroom Vroom has been operating since 2002 and has offices in the UK, US and Australia. Vroom Vroom Vroom ensures that there are no hidden costs – such as one-way hire surcharges or cancellations fees – and you only pay for your car when you collect it.