

Spa Secrets Latest Issue Out Now

Submitted by: APL Media (Absolute Publishing)

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Summer 2012 issue out now

— interview with Sadie Frost, great subs offer & two spa break competitions

See the 22-page ezine

www.spasecretsmagazine.com/summer12

For immediate release

(LONDON, UK) 19 June 2012: The bumper 180-page Summer issue of Spa Secrets is out now and is packed full of all the tips, products and features you need for a superb summer.

Katie Reich-Storer, editor, says: "Our beauty essentials feature is full of expert tips from the top names in the industry and all the must-have summer buys to take on holiday to ensure you look your best. Don't go away without reading it first!"

Inside this issue

- The Big Question: Is monogamy realistic today?
- Beauty and Wellbeing features include – the top 30 beauty essentials for summer; And the latest spa treatments that use sticks and stones to make you feel great.
- Travel: Like a local – traditional treatments from India, Hawaii, China and Morocco that have a sense of history and culture; European Islands — the top spa resorts a short hop away; A wellness break in Madeira.
- Competitions: A two night break for two to Stoke Park Club in Buckinghamshire and a four night break for two to Longevity Wellness Resort, Portugal.
- Superb Subscription offer: Subscribe for only £5 and you could receive a Thalgo Coffret worth £95.90 (£49.50 if bought as a set).

Regulars inside

- Trends: Tackling the latest fads from fashion, to beauty and nutrition.
- The scene: What are the latest beauty, spa and salon innovations? We round up this season's best new products and update you on the latest news.
- And our usual round of spa and hotel reviews...
- Expert tips: Make-up artist Jemma Kidd picks out four key looks for spring
- Interview: Sadie Frost talks about acting, fashion and being Jude Law's ex.
- Fitness & Health: From the latest exercise classes to try, foods to help you sleep and summer ingredients to add to your menu.

Take a sneak peak at the 22-page 'teaser' magazine at: www.spasecretsmagazine.com/summer12

For more information visit www.spasecretsmagazine.com

Note to the editors

- Subscribe to four issues of Spa Secrets Magazine for £5* (+ P&P for overseas) and you could receive a Thalgo Coffret worth £95.90 (£49.50 if bought as a set).
- To subscribe call: t: +44 (0) 207 253 9909 or email your details to: info@spasecretsmagazine.com
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