

Fabulous fungi forays in Mid Wales

Submitted by: Visit Wales

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The unspoilt Mid Wales landscape is a mecca for mushrooms of all kinds, and The Metropole Hotel is engaging the services of fungi expert, Daniel Butler, to run a foraging safari later this year, providing a unique experience to add to your UK family holiday (<http://www.visitwales.co.uk>) in Wales.

Fungi foragers can look forward to a special treat, as chanterelles, porcini, wood hedgehogs, giant puffballs and parasols are just some of the prized fungi that grow in profusion in the Mid Wales (<http://www.visitwales.co.uk/server.php?show=nav.10307>) area.

“Porcini, for example, sell for a great deal of money in London delicatessens, but most of the harvest goes to waste, as the vast majority of people are uncertain about which types of fungi to pick, and therefore leave them well alone,” explains Justin Baird-Murray, MD of The Metropole Hotel (<http://www.visitwales.co.uk/holiday-accommodation-in-wales/wales-holiday-accommodation-search-cottages-b-and-b-hotels/>)

“With such a fabulous wild harvest on our doorstep, it makes sense to make the most of this natural bonanza. Daniel is a self-confessed fungi fanatic and his knowledge is extensive, so participants will, have a fun day out and learn a great deal in the process - as well as having the opportunity to eat a some delicious fungi-based dishes.”

The day starts off with a three-hour foray, followed by a three -course lunch at a beautifully converted traditional Welsh longhouse. The two savoury courses will be mushroom-based. Daniel will provide tips on cooking fungi and drying them for future use, and participants can take their haul home with them.