

Manchester Confidential reviewer praises Amba restaurant in Hale

Submitted by: theEword

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Jill Burdett, a Manchester Confidential reviewer, recently visited Amba in Hale. The British Manchester restaurant (<http://www.manchesterconfidential.co.uk/Food-and-Drink/British/>) was highly praised for its hearty portions, locally sourced ingredients and homemade desserts.

Amba occupies the building that was previously home to the Hale Wine Bar. While Burdett found that Amba's bar area was far too 'clubby' as a result of its padded booth and dark wood interior, the restaurant dining area was in fact much lighter with simple tables, a white panelled roof and two feature lights designed for Barcelona's Gran Teatro del Dico.

She was also impressed with the menu, which places great emphasis on both fresh food and natural ingredients. With a seasonal set lunch and dinner, the restaurant aims to source as locally as possible to support small suppliers and provide diners with the best possible produce.

From the starter menu, Burdett chose a pan fried fillet of Cornish mackerel and asparagus soup. While the mackerel skin was worryingly crisp, the flesh was completely succulent and the soup was vivid green, lush and deep.

The Manchester Confidential reviewer was particularly impressed with the main meals, perfect for sating a healthy appetite. From the Amba Hale menu, Burdett chose pan fried duck which was nicely pink and served alongside vanilla and lime mash, roasted parsnips and a deep port jus. She also praised the lamb rump, which came with grilled vegetables and a shallot jus.

While the main meals were particularly hearty, Burdett still managed to taste the homemade desserts on offer at the Amba restaurant (<http://www.manchesterconfidential.co.uk/Food-and-Drink/British/AMBA-Reviewed>). The cherry Bakewell tart was light and almondy, while the treacle tart had just the right amount of lemon to stop it cloying.

For those looking to try top Manchester restaurants (<http://www.manchesterconfidential.co.uk/Food-and-Drink/>) in Altrincham and Hale, Burdett would recommend the Amba restaurant, with its high quality seasonal menu and hearty portions. She gave the Manchester restaurant a high score of 15.5 out of 20, simply stating "I want to eat it all."

Website: <http://www.manchesterconfidential.co.uk/>

About Manchester Confidential:

Confidential Publishing was set up in 2003 and its flagship site, ManchesterConfidential.com, has 500,000 readers and 128,381 subscribers. It covers food and drink, news, arts, entertainment, health and beauty, property and business and is aimed at the city region's intelligent and educated readership.

In July 2012, 473,935 pages were viewed on the site. The company has won several awards including Top North West Brand in 2008 and Magazine of the Year at the 2011 How Do awards, which recognises local media

in the North West.

The firm employs almost 30 people across its head office in Manchester, and offices in Leeds and Liverpool.