

The Beurer Health and Wellbeing Gadget Christmas Gift Guide

Submitted by: The PR Room

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Greater Manchester, England, 8th October 2012: With Christmas just a few short months away, we know many of you are already working on your Christmas gift list features and guides. We've put together a roundup of some of our best health and wellbeing gadgets for the favorite women in your life, for a range of budgets (under £25, £25-£50 and £50+).

We've got something for everyone - whether they're a fitness fan, love nothing more than a cosy night in, adore baking or simply need a little something to help with aches and pains.

Gifts under £25:

1. Beurer MG16/18 Mini Massager: £11.99/14.99

The run up to Christmas can be a busy, exciting but stressful time of year. All the shopping, parties and cooking can leave us with a few aches and pains! The Beurer MG16/18 Mini Massager is the perfect stocking filler for a loved one, to ease aching shoulders, legs and the back.

The Beurer MG16/18 Mini Massager is the perfect portable size, with 3 massage heads. The gentle vibrations will soothe your muscles, making it ideal for relaxation too.

The Mini Massager is available from Current Body

(<http://www.currentbody.com/rehab-pain-relief/beurer-mini-massager-mg16.html>) or Amazon

(<http://www.amazon.co.uk/Beurer-Living-Massage-groen-Groen/dp/B002KFZW4W>). Further information is available on the Beurer website

(http://www.beurer.com/web/en/product/therapy/body_massage/detail.php?pk=31&id=12726&bek=79&bct=>product+details)

2. Beurer Beauty to Go Handbag Set: £19.99

Looking for the perfect gift for the social butterfly who often goes from work to cocktails in one smooth move? The Beurer Beauty To Go Handbag Set could be just the stocking filler. This sleek set includes an illuminated pocket mirror and illuminated tweezers (perfect for touching up brows in the taxi to the bar) and a manicure pen to make sure nails look flawless at all times.

The Beauty To Go Handbag set is just £19.99 from Amazon

(<http://www.amazon.co.uk/Beurer-Handbag-Illuminated-Tweezers-Manicure/dp/B003Z1KJSE>), fitting in with the secret santa scheme in most workplaces. This is the must have set for those who always like to be prepared. Further information is available on the Beurer website

(<http://www.beurer.com/web/en/product/beauty/specials/detail.php?pk=31&id=22626&bek=185&bct=>Handbag+Set>).

3. Beurer MG21 Handheld Massager: £24.99

Back and shoulder pain is something many of us now deal with on a regular basis, especially those of us

working at a desk all day with less-than-ideal posture. The Beurer MG21 Handheld Massager offers infrared heat, three interchangeable massage attachments and a long handle to help relax those back and shoulder muscles easily.

The handheld massage is mains powered, with low power consumption. It's available from Amazon (<http://www.amazon.co.uk/Beurer-MG21-Handheld-Infrared-Massager/dp/B0081DLKPC>). Further information is available on the Beurer website (http://www.beurer.com/web/en/product/therapy/body_massage/detail.php?pk=31&id=33270&bek=79&bct=>product+details

Gifts between £25- £50:

4. Beurer FW20 Cosy Footwarmer: £39.99

What do you get when you cross an electric blanket with a pair of slippers? The toasty warm Beurer FW20 Cosy Footwarmer! Slip off your shoes after a long day at work, and slip your feet into the Footwarmer and you'll defrost in no time.

The Beurer Electronic Cosy Footwarmer has a removable and washable fleece lining, BSS overheat protection, temperature control and 3 illuminated temperature settings. It will automatically switch off after 90 minutes, so you don't need to panic that you've left them on when you've gone to bed.

The Footwarmer is available from Amazon (http://www.amazon.co.uk/Beurer-FW-20-Cosy-Warmer/dp/B003N26HGI/ref=sr_1_1?s=drugstore&ie=UTF8&qid=134899640). Further information is available on the Beurer website (http://www.beurer.com/web/en/product/flexible_heating/footwarmers/detail.php?pk=31&id=17634&bek=52&bct=>product+d

5. Beurer KS49 Multifunction Scales: £39.99

With the UK going crazy for baking, thanks to the Great British Bake Off, stylish kitchen gadgets that help create the perfect Victoria sandwich cake are a must. The Beurer KS49 Multifunction Scales boasts an extra large LCD display, clock, a handy hook to hang it on the wall as your kitchen clock, and even a function to tell the date, humidity and temperature in °C and °F. All of that in one stylish package!

The Beurer KS49 Multifunction Scales comes in Apple, Peach, Berry, Blue and Yellow, and is available from Amazon (<http://www.amazon.co.uk/Beurer-Digital-Kitchen-Scales-Clock/dp/B00632BWM4>) and Harrods. Further information is available on the Beurer website (http://www.beurer.com/web/en/product/weight/kitchen_scales/detail.php?pk=31&id=32368&bek=61&bct=>product+details

6. Beurer KS59 E Bay Scales: £44.99

Do you know someone who sells products online, perhaps through eBay or an online store like Folksy, Etsy or their own shop? The Beurer KS59 eBay Scales is a simple but hugely useful gadget. It can be used for weighing packages AND as a set of kitchen scales.

The scales can weigh parcels up to 20kg, and weighs in 1g increments. They're available from Amazon

(<http://www.amazon.co.uk/Beurer-KS-59/dp/B005H0N7IU>). Further information available is on the Beurer website

(http://www.beurer.com/web/en/product/weight/kitchen_scales/detail.php?pk=31&id=28230&bek=61&bct=>product+details >

7. Beurer MG30 Mini Massager Gift Set: £39.99

We know the importance of combining style with substance, which is why the Beurer MG30 Mini Massager Gift Set would make the perfect gift for those that want to ease aches, but still want something they wouldn't mind having on display in their home.

The Mini Massager Gift Set includes a head massager, face massager and body massager. Each massager is splash-proof, perfect for a relaxing bath. They're simple to use, easy to hold and come in a sleek and stylish storage tray.

The set is available from Amazon (<http://www.amazon.co.uk/Beurer-MG30-Mini-Massager-Set/dp/B005JD600M>).

Further information is available on the Beurer website

(http://www.beurer.com/web/en/product/massage_products/body_message/detail.php?pk=31&id=30080&bek=79&bct=>product > product

8. Beurer FB20 Massage Footspa with Pedicure: £39.99

With all that rushing around this Christmas, buying presents, cooking up dinners, partying in heels and running through puddle-filled streets, your feet deserve a treat. The Beurer FB20 Massage Footspa with Pedicure is equipped to massage your soles with three functions - vibration massage, bubble massage and water tempering. Dip your feet into this attractive pink footspa, and let it relax your feet while you catch up on your favourite TV shows.

The Beurer FB20 Massage Footspa with Pedicure is available from Current Body

(<http://www.currentbody.com/rehab-pain-relief/beure-footbath-pedicure-fb20.html>) and QVC

(http://www.qvcuk.com/Beurer-Massage-Foot-Bath-With-Pedicure-Attachments.product.400172.html?sc=400172-SRCH&cm_

Further information is available on the Beurer website

(http://www.beurer.com/web/en/product/massage_products/foot_message/detail.php?pk=31&id=18307&bek=80&bct=>product > product

9. Beurer PM18 His or Hers Sports Watch: £44.99

January is often the time when many of us vow to commit to an exercise regime, especially after a month of mince pies, Christmas dinners and mulled wine! The Beurer PM18 His or Hers Sports Watch is a heart rate monitor which doesn't require a chest strap. It gives ECG-exact heart rate measurements, measures calories consumed and fat burned - making it the perfect companion for your morning run and the perfect gift for a fitness fan.

The unisex watch can be worn on a day-to-day basis, and benefits from an alarm clock, stopwatch and calendar amongst other features. It comes in a stylish stainless steel case.

The Beurer PM18 His or Hers Sports Watch is available from Stress No More

(<http://www.stressnomore.co.uk/beurer-pm18-heart-rate-monitor-no-chest-strap-required-82163.html>) and

Amazon

(http://www.amazon.co.uk/dp/B002ECX4S2/ref=asc_df_B002ECX4S29742566?smid=A1OD4JKWNR95UI&tag=googlecouk0)

Further information is available from the Beurer website

(http://www.beurer.com/web/en/product/heart_rate_monitors/heart_rate_monitors/detail.php?pk=31&id=7653&bek=85&bct=>)

Gifts over £50+:

10. Monogram Heated Throw: £69.99

We've all heard of electric sleeping blankets that work underneath your bedsheet, but what about a heated throw that you can tuck yourself up in when you're on the sofa? The Monogram Heated Throw does just that. It's a great mains-powered solution for those that feel the cold easily.

The Monogram Heated Throw is available from Win Health

(<http://www.win-health.com/beurer-heated-throw.html>) and CNM Online

(<http://www.cnmonline.co.uk/Beurer-Heated-Throw-pr-36107.html>).

11. Beurer Heated Cape HD50: £54.99

Following the theme of cosy, heated products, we have the Beurer Heated Cape. Like the Monogram Heated Throw, it's designed to be worn while it heats. The cape shape makes it a great heated garment to wear when you want to keep your arms and hands free, while keeping your shoulders cosy. The cape fabric is breathable and skin-friendly, so it's the perfect thing to pop on when you come in from a cold and rainy day. The handy detachable lead means you can wear the cape and still get up to make a cuppa.

This would make a great gift for an elderly relative who might suffer from the cold at home, or your girlfriends who want to relax their shoulders after a long day at work.

The Beurer Heated Cape is available from Current Body

(<http://www.currentbody.com/rehab-pain-relief/beurer-heated-cape-hd50.html>) and Betterlife

(http://www.betterlifehealthcare.com/view_product.php?prodID=8805) @ Lloyds. Further information is available on the Beurer website

(http://www.beurer.com/web/en/product/flexible_heating/electric_overblanket/detail.php?pk=31&id=18272&bek=49&bct=%26r)

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About Beurer

Beurer is the No.1 health and wellbeing brand in Europe and has developed an excellent reputation for design, style and innovation.

Beurer was founded in 1919 in Ulm and is synonymous with health and wellbeing. The company started with the first heating pads in Germany, and has gone on to expand into a range including a wealth of products for the health and wellbeing, beauty, baby care, sports and medical diagnostic and prevention sectors. These include electric blankets, heating pads, blood pressure and blood glucose monitors, nebulizers, clinical thermometers, personal and kitchen scales, foot baths and air humidifiers, Shiatsu massagers, baby monitors, heart rate monitors and cosmetic mirrors. The family run company operates a global distribution network in more than 80 countries and currently has a workforce of 350. You can find more information at www.beurer.com (<http://www.beurer.com>)