

Cyclists buddy up to achieve half a million miles.

Submitted by: CyclingBuddy.com

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Cyclists buddy up to deliver half a million miles in less than 7.5 months.

With health warning that inactivity can be as bad for you as smoking and reports of britons being amongst the laziest in Europe, a group of buddies are leading the way and setting the example for the nation to follow.

7 months ago www.cyclingbuddy.com was launched to help members find other members to cycle with. Today it has almost 10,000 members who between them have logged over 500,000 miles in less than seven and a half months from launch.

The site is made up of a cross section of people including hard core road cyclists, adrenaline seeking mountain bikers and health conscious commuters and recreational cyclists.

Its founder Tony Piedade said " taking up cycling can be a little costly, so its important that people have the best possible network to plug into for motivation, advice and confidence. It can be daunting getting on a road on two wheels, and we could all do with some motivational help to keep us enjoying the sport .

Julia Southward from Horsham (West Sussex) said " CyclingBuddy is a great concept and what's more it really works. I was able to find a cycling partner near me within a day of signing up.

Peter Plowman from Southampton said " I was always a regular cyclist, but the way CyclingBuddy works, its really motivated me to cycle more and log more miles"

CyclingBuddy now has members in 14 countries including, UK,USA, Canada, Australia, New Zealand, Germany, France and Italy. The site is completely free to sign up visit: www.cyclingbuddy.com

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Notes to editors:

- Cyclingbuddy launched 01 March 2012
- Founder Tony Piedade (also founded www.joggingbuddy.com)
- Member base is 9,413 as of 0800hrs 8th October 2012
- For interviews or comments email media@cyclingbuddy.com=20

THE CYCLINGBUDDY TEAM

find someone near you to cycle with