

NEW GUIDE - ANSWERS TO 101 KEY QUESTIONS ON SHORT RESIDENTIAL COURSES

Submitted by: Anglia Leisure Learning

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Spending time on a short course doing something you love with like-minded enthusiasts will boost your mood and enhance your well-being. Get your free copy of a new guide, Short Residential Leisure Courses - Answers to the 101 Key Questions You May Have, and then decide which topics catch your attention - textiles, painting and drawing, creative writing and many more. Download this guide as a pdf from

<http://www.anglialeisurelearning.co.uk/pdf/ALLCoursesBookletLoRes.pdf>

or get a printed copy by post from info@anglialeisurelearning.co.uk.

Leisure weekend or one day courses give you numerous opportunities to learn a new skill, or expand your knowledge and experience of a much-loved hobby or interest. If you relish the joy of discovery, and have an open mind to unearth something different, you are an advocate of lifelong learning and support the philosophy behind such short courses. And by keeping your brain active and stimulated, you may well find that you no longer have time to notice those aches and pains.

The withdrawal by many local authorities of subsidies to adult short residential courses has seen Anglia Leisure Learning (ALL) launch a diverse range of such courses, some weekend residential, some one day. ALL tutors are well-known in their specific fields, with prestigious reputations. While courses are informal, they are rich in content and have a relaxed, friendly and enjoyable ambience.

By being residential for a couple of days, you will benefit not just from the tutored sessions, but also from the exchange of ideas and knowledge during the breaks and over a meal. You can discover how others have different perspectives, ideas and approaches to your chosen topic.

And if you are on your own, and know no one when you arrive, you will very soon start to make friends with other students. In fact, with their liberal approach to learning while placing an emphasis on fun and enjoyment, these courses are ideal for people arriving alone.

Participants come from all age ranges from 18-88 and beyond, with strong support from mature students and female learners. The friendly, welcoming environment is particularly appreciated by people living on their own who come on a weekend course to be pampered and looked after while at the same time developing their skills and making friends.

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