

Anglian launches Energy Smart Kids activity booklet to get kids switched on to energy saving

Submitted by: Anglian Group

Tuesday, 23 October 2012

Winter is an expensive time for families, with Halloween, fireworks parties and Christmas all on the horizon, while the colder temperatures and darker days mean our energy consumption is on the increase. That's why Anglian Home Improvements has launched a fun Energy Smart Kids activity booklet (<http://www.anglianhome.co.uk/bigenergysavingweek>) to help get your children switched on to energy saving and become more energy aware.

The latest round of energy price hikes mean we'll all be watching the pennies more than ever this year, so the sooner you can start cutting your energy bills the better. Getting children to understand the importance of switching the lights and television off when they're not using them can make a huge difference to your bills as well as the environment.

Anglian's activity booklet is full of fun energy saving puzzles and games to help young children understand why energy saving is important, as well as keeping them occupied for a few hours at no expense over a dreary half term or chilly weekend. It can be downloaded free of charge from the Anglian website, anglianhome.co.uk.

And while they're busy solving the word searches and puzzles, why not spend some time thinking about some of the more fundamental changes you can make to the energy efficiency of your home? With around 30% of a home's heat being lost through windows and doors, energy efficient windows should be high on your Christmas list this year.

Anglian Home Improvements is an Energy Saving Trust (<http://www.energysavingtrust.org.uk>) Recommended supplier and offers a broad selection of stylish and energy efficient products, including windows, doors conservatories, roof trim, solar panels and much more. For more information and to view the full product range, visit the Anglian Home Improvements website.

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Notes to Editors

Please credit any images used to Anglian Home Improvements

About Anglian Home Improvements:

Established in 1966, Anglian Home Improvements is the UK's leading home improvements company, responsible for the employment of 4500 people. With more than 45 years' experience of providing UVPC double-glazing windows, Anglian ensures it is ahead of the competition with a continuing research and development programme. Anglian offers an extensive range of home improvement products, including double glazing replacement windows and doors, conservatories, driveways, solar products, garage conversions and roof trims.

For further information visit www.anglianhome.co.uk or please contact:

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