

Violin Specialists Give Beginners a Head Start

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A London based violin specialist (<http://www.vivaceviolin.com>) this week reminded young musicians that good practice in the physical aspects of playing could help them to get the most from their playing and prevent them from suffering from painful ailments in the future.

London luthier and fine instruments dealer Bridgewood and Neitzert (<http://www.vivaceviolin.com>) have this week reminded beginner violin players that getting the posture and positioning aspects of their playing right early on can make their playing and learning easier, more enjoyable and can prevent unnecessary aches and pains in the future.

The right posture when sitting or standing, and holding the instrument in the correct way can strengthen right muscles and contribute to better, easier playing. The repetition involved in playing and practice and standing or sitting in one essentially unusual position for long periods of time can put stresses and strains on areas like the back, neck, shoulders, hands and wrists.

Gary Bridgewood of Bridgewood and Neitzert said “We’d like to see all beginners getting the most enjoyment and fun possible from learning and playing their violin. When standing keeping an even balance of weight on the feet that are slightly apart, keeping upright and leaning slightly backwards can all help to get you in a good and healthy position to play. Learning how to hold the bow and violin correctly early on can also have real long term benefits.”

“Just as in sport if you get the physical aspects right it can help the talent to shine through. Of course it also helps to have the just the right instrument for you that’s set up in the right way. We give help and advice on all aspects of violins, violas, cellos, basses, baroque or modern stringed instruments (<http://www.vivaceviolin.com>) and we can make sure that you find just the right one” said Gary.

Bridgewood & Neitzert have over 30 years trading history as a reputable and established London luthier and dealer in fine instruments (<http://www.vivaceviolin.com>) . They offer a huge range of fine stringed instruments and accessories for sale and from their store in Stoke Newington Church Street, London.

Bridgewood & Neitzert also offer a full range of violin repairs and restorations[<http://www.vivaceviolin.com>] at their Stoke Newington workshop as well as a violin valuation service[<http://www.vivaceviolin.com>].

For more information please call 020 7249 9398 or visit <http://www.vivaceviolin.com>.