

# Left-Handers Cause a Stir in the Kitchen this Christmas

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Any left-handed cook will tell you that using right-handed kitchen tools is annoying at best, and at worst can be downright dangerous! From vegetable peelers that peel your own thumb skin as well as the veg, to tin openers that require body contortions to use them, the traditional kitchen can be a minefield for left-handers to work in.

To save their sanity (and keep their fingers intact!) in the kitchen this Christmas, Anything Left-Handed have created the Left-Handers Kitchen Essentials Set (<http://www.anythinglefthanded.co.uk/acatalog/left-handed-kitchen-set.html>) containing left-handed versions of the kitchen gadgets most likely to cause frustration and waste if they get into the wrong hands!

Left-Handers Essential Kitchen Set

(<http://www.anythinglefthanded.co.uk/acatalog/left-handed-kitchen-set.html>) contains:

- Left handed kitchen shears

Don't be fooled by "ambidextrous scissors" as there is no such thing! These fully left-handed scissors have the blades reversed so they cut accurately and cleanly without forcing the handles together and bending the wrist to see the cutting line. Serrated edges slice through chicken skin and rind whilst sturdy non-slip handles give great grip for wet or floury hands.

- Left handed swivel blade peeler

Preparing fruit and veg usually involves splattering the wall with peelings, or scrapping the skin off your thumb at the same as peeling the potato. This left-handed peeler has the cutting edge of the blade reversed and an ergonomic left-handed grip so it works when pulling the peeler towards you with your left hand.

- Left handed tin opener with geared rotary action

If you lead with your left, a right-handed opener is very inefficient because your weaker right hand is doing all the work unless you cross your hands over the tin, as we often do. This left-handed version sits on the left side of the tin, held in the right hand, whilst the left hand turns the rotary handle away from the body. Much quicker and easier plus all the contents remain in the tin, instead of sloshed across the work surface!

- T pattern left handed corkscrew with anti-clockwise screw

Never let it be said that a left-hander can't remove a cork from a wine bottle! It does require a lot more effort though, and lefties are all familiar with the standard ritual of turning the corkscrew both ways a number of times as we battle between the natural anti-clockwise turn for a leftie, and the uncomfortable clockwise turn into the body that eventually leads to the cork being freed. The anti-clockwise thread on a left-handed corkscrew makes your favourite vintage easily accessible with far less effort.

- Left handed bread knife. With a blade scalloped on the right for a clean straight cut held in the

left hand, this is an absolute must for a left-hander. No more doorstep wedges as the knife slides at an angle whilst cutting, and a fortune saved on wasted mangled loaves.

The Essential Kitchen Set (£41.95) is one of a range of Left-Handers Essentials Sets for adults and children launched this Christmas by Anything Left-Handed the leading specialist in left-handed products. To view their whole range visit [www.anythinglefthanded.co.uk](http://www.anythinglefthanded.co.uk).

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Further Information and product images:

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