

# Households Are Encouraged by green energy uk to Embrace the Twelve Green Days of Christmas

Submitted by: Punch Communications

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For many households, bags full of used wrapping paper are a familiar sight once the Christmas day festivities have been and gone. Therefore sustainable energy provider green energy uk has released a series of tips to turn the twelve days of Christmas green.

Understanding the value of recycling, most households will separate the discarded wrapping paper from empty cans and bottles to do their renewable bit, but families can go one step further by composting waste food, trees and wreaths in their back gardens or at local centres. Alternatively, old Christmas trees can be chopped up and used or sold as firewood.

According to a British survey outdoor Christmas lighting, costs the equivalent of 22.8 days of the average British household consumption during the festive period, if switched on for six hours or more a day. Costs can be reduced by introducing LED or energy saving bulbs and monitoring the time decorations are switched on for. A further electrical cost-cutting exercise is unplugging electronics from the wall to reduce the effects from phantom electrical loads as they continue to use energy when plugged in, even if switched off.

Doug Stewart of green energy uk offers some advice: "Composting and recycling is simple and easy to do. Not only does it offer a great solution for getting rid of waste from Christmas day, but it also provides valuable nutrition to compost and soil. Getting creative with waste from the day, such as chopping up the tree for firewood, can be a fun family exercise and can offer an extra source of warmth during winter days.

"Electricity and heating bills are often a worry at this time of the year and many make an energy switch (<http://www.greenenergy.uk.com/energy-switch>) to save money. However, making small changes to electricity habits can also make a difference to both the environment and your electricity bill. Another effective way to save electricity; get everyone together and huddle around one TV, turn down the heating and put on those festive knits. Christmas is a time for sharing, after all."

In addition to recycling, composting and monitoring energy consumption carefully, planning for a sustainable new year is a great way to be self-sufficient and reduce the need for transporting and packaging goods.

Doug continues: "Although the ground outdoors is currently too hard to plant in, small herbs and root vegetables can be potted indoors to be ready for the spring. Taking the first steps to becoming sustainable at home is exciting and rewarding.

"All of these small things can make a big difference. What better way to start the new year than to go green (<http://www.greenenergy.uk.com/go-green>), save money and become more self-sufficient?"

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