

Fun-filled activities to do with the kids this spring

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Friday, 15 February 2013

Thawing ice, dozy daffodils and baby blue skies, are just a few indicators that spring may have sprung. With the days getting longer and the new season starting, this fresh burst of life is the perfect time for embracing new adventures.

If you have kids and are looking for inspiring things to do, Plant Me Now, the UK's leading summer bedding plants (<http://www.plantmenow.co.uk/garden-plants/summer-bedding-plants.aspx>) specialist, highlight fun-filled activities to do with the family this spring. So, whether the sun is shining or it's raining cats and dogs read on and be inspired:

Grow plants and vegetables

Gardening isn't just for grown-ups. Sowing plants and vegetables is perfect for introducing kids to the delights of nature. Before ploughing ahead make sure a pair of children's gardening gloves (<http://www.plantmenow.co.uk/tools-equipment/gardener/gloves.aspx>) and children's gardening tools is available to keep little hands safe and clean. When it comes to sowing, we recommend beginning with vegetables for the most engaging family gardening. Choose tomatoes, beans and radishes for an easy sow. There are also a range of seeds on the market specially designed for children, ranging from runner beans, cress and nasturtiums (hardy annual).

Rock pooling

If you live near the coast it's worth making a trip to the seaside at low tide for a spot of beach combing. It's a great opportunity to spot local sea life, as well as odds and ends like drift wood and shells. There are a number of online sites that can tell you low tide times in your area. But before jumping into the car prepare ahead of the trip to avoid mishaps! Taking bucket and spades, sensible footwear with strong gripping and sandwiches for snacking is a good start. Remember to be mindful of the underwater creatures in the shallow pools, ensuring they are left in their natural habit.

Nature trails

There are a number of nature trails worth investigating, perfect for a springtime adventure! Do some research online ahead of the day to find out what seasonal plants are in bloom in your local area. Jot down the relevant information with images and prep it on to a card so it can be your guide for the day. From grasslands, forests and parks, the beautiful outside world is there to be explored in all its glory.

Plant Me Now is the UK's leading online gardening centre, specialising in perennial flowers (<http://www.plantmenow.co.uk/plants/perennials.aspx>), bedding plants, bulbs, children and adult gardening tools and accessories. A dedicated team of horticultural experts are the backbone of the business, producing nursery bedding plants on site and sending them directly to your garden to cut out the middle man. Ensuring quality and value is maintained, as well as minimising transportation to reduce their carbon footprint.