

# The Results Are In: Squatty Potty Will Help Your Bowel Health!

Submitted by: Savantini

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The results of the latest Squatty Potty survey are in, and the results speak for themselves: Squatty Potty will help your bowel health!

By elevating your feet to put your body into the ideal squatting position, Squatty Potty alleviates pressure on your pelvic floor, helps to cure painful haemorrhoids, and can instantly end the misery of chronic constipation, but don't take our word for it...

The results of the latest Squatty Potty survey of more than 3000 people have shown that more than four in five Squatty Potty users use the stool every time they go to the bathroom, and 90% of users recommend the stool to their family and friends – it seems that once people have tried Squatty, toilet trips are changed forever.

Our customers in the UK love the product too: 'Squatty Fan' says that "as a sufferer of constipation I have tried most things, including laxatives, vibration and enemas (but) nothing compares to the Squatty Potty", and 'Jules' says that even with a rectocele (rectal prolapse) "this is really helping me use the toilet properly so my condition doesn't get worse". It's comments like these (<http://www.stressnomore.co.uk/squattypotty-ecco-92308-reviews.html>) that should make us sit up and realise that everybody needs a Squatty Potty!

Squatty Potty works on the age-old principle of squatting – by raising the knees, the body can much more effectively get rid of waste, ridding the body of toxins and preventing constipation. The body is designed to sit, not squat – and clinical studies have shown that not only does squatting help to treat constipation; it also helps with haemorrhoids, detox and pelvic floor issues by eliminating that need to strain.

Squatty Potty is available in the UK from StressNoMore (<http://www.stressnomore.co.uk/>) and SquattyPotty.co.uk (<http://www.squattypotty.co.uk/>). Squatty Potty Ecco (<http://www.stressnomore.co.uk/squattypotty-ecco-92308.html>) is priced at £27.00 and Squatty Potty Tao Bamboo (<http://www.stressnomore.co.uk/squattypotty-tao-bamboo-92309.html>) is priced at £52.00.

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