

# Run with Karrimor

Submitted by: Field and Trek

Thursday, 13 June 2013

---

When it comes to running you don't want to risk buying running shoes that will cause injury or not be supportive. However, given that top of the range running shoes with state of the art technology can be very expensive people tend to opt for cheap running shoes that in the long run could damage your feet. FieldandTrek.com (<http://www.fieldandtrek.com>) introduce you to Karrimor (<http://www.fieldandtrek.com/SearchResults?DescriptionFilter=karrimor%20running%20shoes>).

Founded in 1946 Karrimor has grown as an outdoor retailer for clothing, rucksacks and footwear. They offer a fantastic range of running and trail running shoes that incorporate the latest technologies to ensure you perform at your best.

Similar to Nike, Karrimor running shoes (<http://www.fieldandtrek.com/Running/Footwear/>) ensure a lightweight construction for ease of movement and a weightless feeling, combined with a breathable mesh upper for optimum airflow to leave your feet feeling fresh and comfortable so you can run further and for longer.

At just £19.99 the Ladies Karrimor Swift Running Shoes are perfect for most runners, offering flex grooves to the outsole for a more natural movement, coupled with a cushioned insole for added comfort during your run.

However, If you're a long distance or endurance runner then the Men's Karrimor Tempo Running Shoes are ideal and are only £20.00. Offering a soft gel cushioning system to the heel and forefoot for advanced shock absorption and a midfoot arch for support these are sure to provide you with stability and comfort throughout. They also benefit from a moulded rubber outsole for traction on a range of surfaces.

For all of you trail runners who thrive off rough terrains and surprises along the way, the Karrimor Pace Trail Running Shoes are the perfect choice. Priced at just £32.00 they offer a Vibram unit to the sole for superb support and stiffness regardless of the surface, teamed with a dual density phylon midsole for supreme cushioning and deep lugs with flex grooves to encourage a natural movement and grip. Whatever type of runner you are, Karrimor offer running shoes for you and can be found in a selection of styles to suit your individual taste. For the entire Karrimor range log on to FieldandTrek.com today or visit their blog (<http://www.fieldandtrek.com/news>) for running tips!

You can also stay in touch with their latest products on their official Facebook (<http://www.facebook.com/fieldandtrekuk>) and Twitter (<http://www.twitter.com/fieldandtrekuk>) pages.

For all media enquirers please contact: 08703339400