

GET IN THE CARNIVAL SPIRIT WITH CARIBBEAN FOOD WEEK!

Submitted by: MTJ Associates

Thursday, 7 August 2014

Tastebuds are starting to tingle in anticipation as food-lovers count down to the most mouth-watering week of the summer: Caribbean Food Week, which will take place from August 18 – 25.

Organised by Grace Foods UK, the UK's number 1 supplier of Caribbean food and drink, Caribbean Food Week leads up to the world-famous Notting Hill Carnival. Featuring nationwide sampling, in-store promotional offers, prize competitions and a social media campaign, the week presents the perfect opportunity for people all over the UK to try their hand at Caribbean cuisine.

Since launching in 2012, Caribbean Food Week has continued to grow as more and more people get adventurous with their cooking. With demand for exciting tastes at a high, record numbers of people are set to abandon the beans on toast this August and bring some tropical flavours into their lives.

"Many people don't realise how easy it can be to create Caribbean dishes with incredible flavours," says Ryan Mack, Managing Director of Grace Foods UK. "Caribbean Food Week is the perfect time to get into the Caribbean spirit and give it a try – whether you invite friends round for a Caribbean-themed dinner party, or just serve up a classic recipe like jerk chicken or rice and peas for the family at home."

A wide variety of Caribbean recipes and serving suggestions will be shared on Caribbean Food Week's Facebook page, where people can also upload photos of their own dishes.

Whether or not the weather is tropical, bring a taste of sunshine into your home this summer with Caribbean Food Week!

For all things Caribbean food-related

Visit: www.gracefoods.co.uk

Facebook: www.facebook.com/caribbeanfoodweek

Twitter: @caribbeanfoodwk

RECIPE IMAGES ARE AVAILABLE.

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