

Multiple Sclerosis (MS) Clear guide updates for 2016 #MS #MSClearguide #thinkMS

Submitted by: Kaz Aston PR

Friday, 20 November 2015

After amazing global support and feedback since publication in 2013 of the free, medically correct, clear guide to Multiple Sclerosis or MS it has been shared today that this publication will be updated in 2016 by creator Kaz Aston and MS medical experts. View the free MS Clear guide here: <http://www.msclarguide.london>.

I am so excited to share the MSClearguide is going to be updated in 2016 says author, Kaz Aston who has also been diagnosed with MS for 23 years.

New MS research, lifestyle information to help promote healthy living with MS and effective MS disease management strategies will still be integrated into the new clear guide. This approach, guide creator Kaz Aston feels, is so helpful to answer questions quickly or find the right people that can provide the best advice and information.

Kaz Aston and fellow medical editors are so pleased that the MS Clear guide has also been reproduced after published in 2013 by, several global MS Charities and still is! Therefore, the purpose of the MS clear guide has definitely been achieved over the last two years says author Kaz Aston.

Kaz Aston also shared, that 2015 has been an amazing year for the #MSClearguide because the guide has also been shared at the, 2015 'World MS Patient Conference in Rome', various global medical events with pharmaceutical companies and with many other community organisations like Rotary, in London and the UK.

The MS clear guide has also published in hard copy print, magazines, medical journals and via many websites in a PDF file since publication. See: <http://www.kazaston.com> to download a free copy.

Further evidence and research to help people affected by multiple sclerosis (MS) is always important to share and sends out a message of hope for now and the future says, Kaz Aston.

The online presence of the #MSClearguide with websites or social media channels also continues to grow for the MS clear guide. Recent social media campaigns have also generated extensive public engagement of around fifty million people collectively in 2015. The MS Clear guide also delivers, trending topics on Twitter for the <https://twitter.com/msclarguide> @MSClearguide account shares Kaz Aston.

For more information about the MS clear guide please just email via: <http://www.MSclearguide.london> or <http://www.kazaston.london>

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Thanks everyone for all of your amazing help & support to raise awareness about MS.

All the very best, Miss Kaz Aston.

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