Liverpool is officially the TEA DRINKING capital of the UK

Submitted by: GingerComms
Thursday, 13 April 2017

NATIONAL NEWS RELEASE

Liverpool is officially the TEA DRINKING capital of the UK, according to a new study.

Researchers took an in-depth look into the hot beverage habits of the nation and discovered the average Brit will consume a staggering 66,685 cups of tea - and 50,589 cups of coffee over their lifetime.

But it was the good folk of Liverpool who emerged as the biggest tea lovers of all, with the average Liverpudlian consuming 1,460 cups of splosh EVERY year.

And when it comes to coffee drinking – the people in Edinburgh are the biggest aficionados, sipping an average of 1,095 cups each year.

And surprisingly, the residents of Glasgow are the biggest fans of herbal and fruit teas (438 per year) followed by Brummies and Londoners.

According to the poll by instant boiling water tap makers, Redring - over the course of an adult lifetime, the average Brit will shell out a staggering £35,733 on teas and coffees.

When it comes to tea - English breakfast is our most popular go-to-brew, with the majority of those polled (38 percent) claiming milk with no sugar is the formula for a perfect brew.

However, despite an array of elaborate choices, the most popular coffee choice was still a humble mug of instant (22 percent).

When it comes to posh coffee, the people of Manchester drink more espressos than anywhere else, while Scousers prefer a frothy cappuccino.

An overwhelming three quarters of adults who completed the poll (72 percent) said they would rather stay in and curl up on the sofa with a steaming cuppa opposed to a raucous night out on the tiles.

A spokesperson for Redring said: “Brits are famous for their love of tea. It would seem many of us can’t function without it.

“Despite the market being flooded by extravagant blends and flavours, it appears good old builder’s tea is what we reach for.

“Similarly, the research shows that despite the influx of coffee shops on every high street across Britain, you can’t beat a hot cup of instant whether you’re at home or in the office.

“Our tap gives you boiling water instantly, meaning you don’t have to wait ages for a kettle to boil. So whatever your favourite cuppa, it will save you a lot of time.”

The survey showed the typical adult spends £447.20 on tea and coffee from restaurants and coffee shops over the course of a year and a further £120 on hot drinks for the home or office.

The poll found work colleagues make the WORST tea and other halves make the best – although 18 percent of couples row over who makes the fewest hot drinks.

Couples in London are most likely to fall out over whose round it is, the survey stated.

The best time of day to really savour a cup of tea was 8.40am, the poll of 1,500 adults found.

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