

Paid sabbatical: MRL Group addresses the recruitment burnout conundrum

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Niche technology recruiter, MRL Group, has launched a paid sabbatical scheme as part of its employee wellbeing package. Recruiters at the Brighton based firm are entitled to take part in the scheme, which not only offers a month off (fully paid), but also a £1,000 one off payment, after every five years of service.

David Stone, Chief Executive of MRL Group, believes the scheme will help address the notorious 'burn out' rate the recruitment profession suffers from, as well as assist the company's recruitment and retention strategy:

"Working in recruitment is incredibly fulfilling. And as someone that's been in the profession over twenty years I can certainly vouch for that! But let's not forget it's also tough. It involves long hours, hard work, and people get tired. Some people feel there's a 10 year wall, others that it's a 5 year wall. These factors got me thinking about what we could do about that here at MRL, and so the sabbatical scheme was born.

Offering great commission, employee perks – such as flexi time and private medical care – is all well and good. But does it give recruiters the chance to take a break, recharge their batteries, have some fun, and spend time with family and friends? I would argue not. Our sabbatical does just that. Staff can take a month off – fully paid - without the worry of paying bills to simply do what interests them. But even better than that we throw in £1,000 towards an air fare. I'm a firm believer travel broadens the mind. But it's a luxury many don't get to benefit from. So whether it's an air fare to Australia or an all expenses Safari what's not to love?"

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