

Mums Enterprise Roadshow Announces Charity Partnership With PANDAS Foundation To Help Raise Awareness Around Pre and Postnatal Mental Illness.

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Mums Enterprise Roadshow, the UK's only free, child-friendly, flexible work and business show, designed to connect women with businesses and services which specialise in offering advice and support available working and entrepreneurial mums, today announced a new ongoing partnership with The PANDAS Foundation UK.

Launched in 2016 the Mums Enterprise Roadshow is touring the UK and wants to use its platform and reach of thousands of parents to help raise awareness of the support and advice on offer to all as well as help the charity raise funds and recruit volunteers. Those who register to attend one of the free events can choose to make a donation at the time of registering and PANDAS will be on hand with a stand at every event.

PANDAS (Pre and Postnatal Depression Advice and Support), set up in 2011, works to offer help, support and guidance to mums experiencing a perinatal mental illness. They also provide support to family members, carers, friends and employers as to how they can support someone who is suffering. The partnership will be an ongoing one with PANDAS cited as Mums Enterprise Roadshow charity partner of choice.

This week marks pre and postnatal depression awareness week #PNDAW17. This year between 10 and 15% of women will suffer from post natal depression, last year this equated to between 39,523 and 82,998. Mums Enterprise Roadshow and PANDAS decided this was the right time to announce their partnership.

Lindsey Fish, Mums Enterprise Founder and CEO stated: "Mums Enterprise has been seeking a charity partner for some time, we wanted to make the right choice. We chose the PANDAS Foundation UK because pre and post natal mental illness is something that can happen to anybody at any time. We felt we could help raise awareness of the work and support PANDAS can offer which may be welcome to women in our network who may be needing support right at this very moment.

"We are excited to be helping PANDAS achieve their aim of becoming 'the UK's most recognised and trusted support service for families suffering prenatal/antenatal and postnatal illnesses.' By 2020 we will welcome over 30,000 mums through our event doors across the UK and reach and communicate with over 60,000. We can truly make a difference in raising awareness, funds and recruiting volunteers for PANDAS".

Julia Allinson, PANDAS representative said: "We are absolutely delighted to be working with Mums Enterprise, a positive and inspiring organisation promoting opportunities for mothers whilst raising awareness of the work we do. We are so grateful for the opportunity to highlight peri-natal mental health so those in need are aware of where they may obtain the help they need. It presents a brilliant opportunity to connect with potential volunteers and fundraisers. As a charity, we are totally self-funded and rely on donations to continue the work we do.

At PANDAS Foundation we support individuals and their families suffering from a range of perinatal mental illness to include, depression, anxiety, psychosis, OCD and intrusive thoughts to name but a few. We have supported over 25,000 individuals since the charity first began in 2011, with the number of those seeking help growing year on year. Last year we hosted the first ever PND awareness week, actively raising awareness and breaking down the stigma surrounding maternal mental health. "

To donate or find out more information about PANDAS visit: PANDAS UK (<http://www.pandasfoundation.org.uk/>) or visit them at one of the next events which are taking place on 25th September in London and 31st October in Birmingham, to register for free or for more details visit the Mums Enterprise website (<http://www.mumsenterprise.events>)

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