

# Doctor Recommends Brushing Teeth After Oral Sex

Submitted by: Kin Communications2

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- Good oral health could reduce STI risk
- The popular beauty trend with additional benefits
- Couples are encouraged to brush up on oral hygiene

Activated charcoal has hit the headlines for its detoxifying properties and it can be revealed that charcoal toothpaste not only guarantees a white smile, but also offers superior hygiene benefits after oral sex.

Oral sex is one of the most common ways to spread sexually transmitted diseases such as HPV and chlamydia, which can raise the risk of throat cancer. If your partner has HPV and you give them oral sex, you can be at risk of the cells in your throat being attacked.

With 35% of all throat cancers being HPV related[i], couples are encouraged to brush up on their oral hygiene.

Dr Bui, from The University of Texas Health Center, commented "Maintaining good oral health can prevent HPV infection and subsequent HPV cancers."

The popular beauty phenomenon of turning your teeth black to achieve a glowing smile has alternative uses and its ability to pull toxins from the mouth make it the ideal addition to any couple's hygiene routine.

Ensuring good hygiene is practiced after oral sex is highly recommended and considering the absorbency of charcoal, a good charcoal toothpaste can be an excellent way to kill bacteria without killing the mood.

Dr Bui added "While more research is needed to confirm the relationship between oral health and HPV, everyone should take care of their teeth and gums for a variety of other health benefits."

Although the ingredient of the decade makes no promises to prevent cancer, it has more benefits than just offering a sparkling smile and less time in the dentist's chair.

With a unique ability to trap colour particles and draw out stubborn stains, it is easy to see why charcoal has gained a mass following. Integrating a good charcoal toothpaste, such as those offered by White Glo, is a sure-fire way to achieve pearly whites worth smiling about.

You can find out more about looking after your teeth at [www.whiteglo.com](http://www.whiteglo.com)

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For additional comment and for imagery to accompany this release please contact Danielle on [danielle@kincomms.com](mailto:danielle@kincomms.com) or Lewis Gunn on [lewis.gunn@kincomms.com](mailto:lewis.gunn@kincomms.com) or call +44(0)207 7179696

Notes to Editors:

White Glo was first established in Australia in 1993 and was the first company to introduce teeth whitening products to the Australian market. White Glo products are developed by a team of dental professionals, lead by Dr Georgio Sotriopoulos. The product White Glo is one of the market leaders in Australia's whitening toothpaste and teeth whitening industries. White Glo products are now sold in the United Kingdom, South Africa, Russia, Singapore, China, Hong Kong, Japan, Middle East, New Zealand, Papua New Guinea, Greece, Philippines and Cambodia.

UK Stockists: Asda, Tesco, Morrisons, Boots and Superdrug.

White Glo Deep Stain Remover Activated Charcoal Whitening Toothpaste is an advanced extra-strength whitening toothpaste that has been formulated to remove deep stains and discolouration. It is formulated with highly absorbent activated charcoal to trap colour particles and to help penetrate and draw out stubborn stains. The low-abrasion formula with nano-charcoal technology assures it is safe on enamel and protects against cavities.

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[i] <http://www.nhs.uk/Livewell/STIs/Pages/oral-sex-and-cancer.aspx>

<http://www.ctvnews.ca/health/health-headlines/brushing-flossing-could-cut-risk-of-hpv-infection-study-1.1422182>