Millions of Brits have called in sick this morning - and will be staying in bed

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NEWS RELEASE

Millions of Brits have called in sick this morning (2nd Jan) so they can stay in bed, according to new research.

New research has revealed that more than half (57 percent) of Britons are feeling completely overwhelmed by the prospect of an entire new year of work commitments, household chores and life admin.

In fact, as many as one in ten will be taking an impromptu "duvet day", while a further 10 percent have booked the whole week off.

The research of almost 2,000 adults by Currys PC World also revealed the true extent of the "life jobs" awaiting the average Briton over the next 12 months, in addition to their work commitments, with an estimated 197 trips to the supermarket, 239 loads of washing, 296 evening meals to cook and 150 piles of ironing to get through.

Over the next 12 months, the average Brit will also have 353 lots of washing up in store and they are set to make 171 packed lunches, fill in five forms, make 275 beds – and load and unload the dishwasher 327 times.

There will also be 130 trips to the Post Office or bank, 166 school runs and 187 dog walks – as well as endure three visits over the next 12 months to relatives we don't like and have to take the car to the garage at least twice.

Seven in ten Brits said life admin and domestic chores got in the way of their life and thirty percent of respondents said they were waiting for a lucky break to make life easier.

Of those studied, 44 percent said they would have so much more spare time if they didn't have to do domestic chores and 21 percent agreed washing was the most time consuming.

A third complained doing their laundry took up their weekends, followed by cleaning the oven, followed by ironing were voted as the most hated household chores according to the poll.

Ali Burford from Currys PC World said: "It's understandable that so many adults are feeling apprehensive about 2018 – managing work, running a home and divvying out the chores is not easy.

"Heading back in to work today, as most of us are, is like starting from scratch and the mere thought of all the jobs we have to tackle in the New Year is daunting.

"That's why we've teamed up with Samsung QuickDrive[™], the latest ground-breaking washing machine that halves the time on laundry, giving customers that little bit more time for themselves in 2018."

One in five of adults polled said they were apprehensive about their cashflow in 2018 and one in ten said the thought of a whole year of working left them anxious, the poll by Currys PC World found.

THIS YEAR (IN ADDITION TO WORK COMMITMENTS) THE AVERAGE BRIT WILL TACKLE...

197 Trips to supermarket 239 Loads of washing 150 Piles of ironing 171 Prepare packed lunches 296 Prepare evening meals 275 Make beds 353 Wash dishes 327 Loading /unloading the dishwasher Hang out wet washing - 192 times Fill up the car with petrol - 130 times Get cash out of an ATM - 156 times Vacuum the house - 208 times Dust and polish the house - 176 times Trips to the bank or post office - 130 times Give lifts to kids' friends' houses / afterschool clubs - 135 times Do the school run - 166 times Fill in forms - 5 times Take the car to the garage - 2 times Visit relatives you don't like - 3 times Be on hold to a utility company - 3 times Search comparison sites - 4 times Have to visit a doctor, dentist or optician - 4 times Visit a DIY store - 4 times Hire in a tradesman – 2 times Take pets to the vet - 2 times Pay an unexpected bill - 3 times

ENDS

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