

# Award-winning consultancy helping to redress work-life balance with Fri-yay

Submitted by: Laduma

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Laduma insists that employees take additional time off on Fridays to help them focus on combining work and life outside the office

An award-winning tech consultancy is placing the happiness of employees above productivity by insisting they take time off on Fridays. Laduma, which uses cutting edge tech like VR and AR to create content for some of the world's biggest brands, closes its offices around the world at 1230 every Friday and gives staff the last Friday of the month completely off. Executives at the company hope the new policy will go some way to ensuring that all employees are able to find a balance between work and life.

Wayne Scholes, executive chairman of Laduma, explained his thinking behind what Laduma calls Fri-Yay. "It's extremely important to me that the people who work for Laduma are happy and enjoy the work they do," he said. "Our people are at the core of what we do, we want to create an environment where they feel protected from the pressures of balancing the work that they do, with their time away from work."

The issue of work-life balance is a key topic of discussion among mental health professionals, with studies showing that work-related stress increases as people work longer hours. A recent report by You Gov indicates that one in five (21%) 25-34s in the UK feel they are failing to find that elusive work/life balance.

"Our people are at the core of what we do," Scholes added. "It makes perfect sense that we look after our staff, ensure they feel supported. Fri-Yay is just one of a number of policies we have in place to achieve that. In return, we are seeing that productivity is going up and, as a result, revenue is on the rise."

Employees of Laduma use the extra time off to do anything from spending time with family, catching up on household chores or even taking part in hobbies. The company shares images of their staff enjoying time off and spending time with loved ones to encourage others to truly switch off.

And Scholes believes other companies will benefit if they follow Laduma's lead on Fri-Yay. "It's important for any organisation to make sure they appreciate that employees may have young children or other responsibilities outside of work," he said. "A little flexibility can go a long way. An extra half day could mean the difference between someone coming into work tired and stressed or rested and motivated. Fri-Yay means our team can have that time, switch off and we lose less people on sick days, for medical appointments and that we have a team that feels ready to pull together and get the job done."

## ABOUT LADUMA

Laduma is the award-winning consultancy that uses innovative tech to do some very cool things. They create award-winning virtual, augmented and mixed reality experiences and events that their clients and their customers never, ever forget. With offices in the UK, US and South Africa, Laduma delivers creative

concepts, content, software and events that help our clients become the heroes.

For further questions, interview times, information on the company's notable achievements, services provided, key leadership or history, contact Marketing Communications Manager Kelly Forshaw at [kelly.forshaw@laduma.co.uk](mailto:kelly.forshaw@laduma.co.uk)

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