

UXB: Skin targeted cleansers

Submitted by: HYDROPHILIC LTD

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We all realise that showering is not the best thing for our skin

(<https://uxbskincare.com/blogs/news/3-ways-showers-damage-your-skin-and-how-to-fix-them>) right? Showering strips the skin of natural oils and moisture leaving it feeling tight and dull - but we can stop that.

What is less well known is that in the shower is the best place to nourish the skin and lock in moisture. You see, once you get it warm and damp your skin swells and gets porous. It is at this point that you have an opportunity to bathe the skin in nutrient rich oils and active ingredients that will penetrate deeper into the epidermis.

That's where UXB shower cream comes in.

We have designed a range of luxurious body washes formulated with vitamin rich oils and active ingredients that feed the skin and lock in moisture while in the shower - making the most of this goldilocks moment.

If you're going to feed your skin, you need to make sure that you are feeding it with the right things for your skin type. We have designed a range of four creams each packed with natural ingredients targeted at a specific skin conditions: dry, oily, mature or polluted. Here's a full rundown of how are creams benefit each condition.

Dry Skin - Frankincense & Argan Shower Cream

(<https://uxbskincare.com/collections/wonderful-journey/products/frankincense-argan-oil-shower-cream>)

Vitamin E rich Argan and Avocado oils are combined with Tamanu oil to feed and soothe dry and ashy skin. Frankincense and black pepper essential oils warm and smooth damaged skin giving it a healthy glow. Glycerin combined with glyceryl oleate and stearic acid (naturally found in skin lipids) lock in the moisture and nutrients.

Image (<https://cdn.shopify.com/s/files/1/2633/3894/products/frankincense-argan-1000.jpg>)

Oily Skin - Brown Rice Milk & Raw Honey Shower Cream

(<https://uxbskincare.com/collections/wonderful-journey/products/brown-rice-milk-honey-shower-cream-for-oily-skin>)

Handmade rice milk, seasoned with dead sea salt provides gentle cleansing with antioxidant properties. The raw honey comes from local London bees and it has proven to have antibacterial and anti inflammatory properties that can help soothe blocked pores. A blend of low comedogenic oils including sweet almond, clary sage and evening primrose oil help moisturise and dilute existing sebum helping the skin feel less oily without drying out and going into oil production overdrive.

Image (<https://cdn.shopify.com/s/files/1/2633/3894/products/rice-honey-1000.jpg>)

Polluted Skin - Juniper & Açai Berry Shower Cream

(<https://uxbskincare.com/collections/wonderful-journey/products/acai-juniper-berry-shower-cream-for-polluted-tired-skin>)
We have chosen some of nature's most powerful antioxidants for this cream. Acai is better at mopping up damaging free radicals than other berry. Juniper is no slouch either, being used twice in this formulation, once in a handmade water infusion and also as an essential oil. We've also included black cumin seed oil to mop up stubborn pollutants and strengthen the skin.

Image (<https://cdn.shopify.com/s/files/1/2633/3894/products/juniper-acai-1000.jpg>)

Mature Skin - Rosehip & Comfrey Shower Cream

(<https://uxbskincare.com/collections/wonderful-journey/products/rosehip-comfrey-shower-cream-for-mature-skin>)

Mature skin suffers from a few problems; it is thinner, drier, duller and has less collagen and hence the wrinkles. If you can keep that skin fed and moist, you delay the onset of the the signs of aging. This cream is designed to tackle each of these in turn. We include a triumvirate of Rose products. Rosehip to moisturise, reduce discolouration, rose water to plump and soothe the skin, and evening primrose oil to feed the skin with lots of gamma-Linolenic acid promoting skin turnover resulting in fresher glowing complexion.

Image (<https://cdn.shopify.com/s/files/1/2633/3894/products/rosehip-comfrey-1000.jpg>)

That's our pitch. Indulgent and effective skincare applied to the skin when it's needed and most potent - in the shower.

Email: simon@uxbskincare.com

Phone: 07887612742

Instagram: @uxbskincare