

# Necta & Hive total activity honey for an active healthy lifestyle

Submitted by: Necta & Hive

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Total activity healing honeys with natural beneficial enzymes and nutritional benefits, each spoonful of our total activity honey can help to boost your health and immunity.

Active honey for an active lifestyle, perfect for health and lifestyle foodies, health and fitness, mindfulness and well-being and honey connoisseurs.

Necta & Hive honeys have Total Activity ratings (TA), indicating the potency of each honeys antimicrobial properties. The higher the rating the more powerful the healing properties.

Our Australian honey is from the Jarrah and Red Gum trees, both from the Eucalyptus family and therefore benefits from the medicinal properties including anti-inflammatory, decongestant, antiseptic and antimicrobial. The natural composition of the honey and high antimicrobial properties make Jarrah and Red Gum powerful healing honeys which can inhibit bacterial growth, reduce infections and enhance healing.

Necta & Hive honey is independently tested by an accredited laboratory to determine the Total Activity levels, giving consumers confidence in the integrity, traceability and quality of our honey.

As well as improving your well-being Necta & Hive honey also tastes amazing! Use as a natural sweetener and sugar substitute, add to your breakfast smoothie or muesli for a nutritious start to the day to maintain a healthy lifestyle, boost the immune system, raise energy levels and improve your health and fitness.

## Australian Jarrah Honey 22+TA

Nectar from the Jarrah tree produces a delicious dark, syrupy honey with a caramel taste. It is not as sweet as other honeys due to its low glucose and high fructose levels.

£48.00 / 250g

## Australian Red Gum Honey 10+ TA

Nectar from the Red Gum tree produces a rich, golden honey which has a mild and smooth flavour and is less aromatic than Jarrah honey.

£30.00 / 250g

## Australian Red Gum Comb Honey 30+TA

Honeycomb is naturally produced by honey bees and the wax is edible, honey in the comb is the most simple and purest form of eating honey and has been so for thousands of years. Red Gum Comb honey is a rich golden colour, sweet, waxy and deliciously sticky. This is honey with texture, delicious spread on hot buttered toast, eaten with steaming porridge and adds texture to salads and desserts. The additional health benefits of beeswax include aiding digestive and inflammatory issues.

£175.00 / 300g

Credit details

[www.nectahive.com](http://www.nectahive.com)

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For more information and product images please contact pennyduke@gocreatepr.co.uk

