

# How to Get the Kids Out the Door on Time

Submitted by: Ryman Stationery

Monday, 24 September 2018

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As many parents know the morning can be a difficult time, trying to eat breakfast, get dressed, get the kids dressed and get out the door. But instead of running away from the chaos, Ryman Stationery (<https://www.ryman.co.uk/>) is offering solutions to take control back and get your kids out the door on time.

Sarah Stepney, Marketing Manager at Ryman says, "As a mum, I strongly identify with the chaos of the morning rush. I've tried a number of different ways to get out of the door, but I find organisation key as it makes for a smoother morning."

## 1) Organise a clear wake up time

By organising your time efficiently, you can make sure you have enough time for any potential disasters as well as your cup of morning coffee. It's important not to rely on the smartphone as your morning alarm as it can lose power and may keep you up at night. So stick with a reliable alarm clock like the Acctim Vierra Silicone Alarm Clock (<https://www.ryman.co.uk/acctim-vierra-silicone-alarm-clock>) (£14.99) with its soft-touch silicon and illuminate smartlite technology it will add a trendy addition to your bedroom.

## 2) Create a family schedule

By organising your family, you will have more time in the morning. A great way to get on top of the family scheduling is to plan for the week. On a Sunday afternoon get everyone to go through their commitments and organise when homework needs to be in and where everyone needs to be after school. By creating a plan there will be a less chance of a surprise along the way. The Tallon School Year Organiser Mid-Year 2018-2019 (<https://www.ryman.co.uk/tallon-school-year-organiser-mid-year-2018-2019>) (£4.99) is ideal for organising the kids.

## 3) Lay out your outfits the night before

The key to getting out the door on time is saving those valuable minutes in the morning. By laying out not only your child's school gear but your clothes in the morning, you will save you and your family time in the morning. Another great tip to stop your child putting their shoes on the wrong feet, is to put a sticker cut in half in each shoe making it a game for the child to put the stickers together. The Tsum Tsum Rainbow Sticker Set (<https://www.ryman.co.uk/tsum-tsum-rainbow-sticker-set>) (£1.49) would be ideal for creating this time saving morning hack.

## 4) Prepare food the night before

Preparing lunches the night before is another great way to save time and organise yourself and the kids in the morning. The Polar Gear Double Decker Lunch Box (<https://www.ryman.co.uk/polar-gear-double-decker-lunch-box>) (£5.99) will ensure that lunches are kept

fresh. Additionally, with the Thermos Intak Hydration Bottle (<https://www.ryman.co.uk/thermos-intak-hydration-bottle-355ml>)(£5.99) you can save valuable minutes by creating drinks on the go for the kids.

#### 5) Pack bags in the evening

When the kids run in from school and start their homework, it's easy for backpacks to be left empty. With pens, pencils and exercise books left all over the house, it's clear to see how the morning can become a panic of pulling together all the equipment for the day ahead. Make sure before you hit the hay that the kids' backpacks are full of all their school gear. Like the David and Goliath Unicorn and Cupcake Backpack (<https://www.ryman.co.uk/david-and-goliath-unicorn-and-cupcake-backpack>) (£19.99) is packed with everything they need for the next day. A clear pencil case like the Neon Tinted Clear Barrel Pencil Case (<https://www.ryman.co.uk/neon-tinted-clear-barrel-pencil-case>) (£3.29) is great for checking the kids have their rulers and colouring pencils for tomorrow's art class.

#### 6) Keep some emergency items in the car

On those days your careful planning and organisation doesn't work out, keeping emergency items in the car will put you and your family back on track. Put a storage box like the Really Useful Storage Box 18 Litre (<https://www.ryman.co.uk/really-useful-storage-box-18-litre>) (£9.99) in the boot of your car and fill it with all those necessary items like a hair brush, emergency school tie, hair ties, and even a spare school jumper. Have a black Sharpie (<https://www.ryman.co.uk/sharpie-fine-permanent-marker-loose-black>) (£1.79) to colour in scuffs on shoes.

#### 7) Have a launch pod

Create a launch pod so you can ensure that everything has its place. The R White Desk Height Wide Cupboard 48cm with Overshelving (<https://www.ryman.co.uk/r-white-desk-height-wide-cupboard-48cm-with-overshelving#>) (£399.99) is ideal for ensuring everything has a home. Store your bags, shoes, jackets and car keys and even school books. By having one location you save valuable time in the morning and feel positively organised.

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Prices correct at the time the press release was written.

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About Ryman

Henry Ryman opened the doors of his first shop on Great Portland Street, London in October 1893. 125

years on, Ryman Stationery continues to provide essential stationery items and unrivalled product knowledge, range and service to its customers. In 1995, successful businessman and star of BBC TV's Dragons' Den, Theo Paphitis, bought the company.

Theo Paphitis is one of the UK's most high-profile businessmen with an empire spanning retail, property and finance. Theo, through his staff at the Theo Paphitis Retail Group (TPRG), has continued the Ryman tradition of excellent customer service.

Ryman offers an extensive range of school, university, office and home products which includes stationery, office supplies, technology and office furniture.

With 209 stores throughout England and Scotland and operating online, Ryman also has business accounts and special discounts for students.

The most western store is in Penzance, the most eastern store in Lowestoft, the most northern store in St Andrews and the store furthest south is in Brighton. The company's head office is in Crewe, Cheshire.

Website: <https://www.ryman.co.uk/>

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