## Well-being & Holistic Inspired Collections by Charlotte's Web Jewellery

Submitted by: CiCi Consultancy Thursday, 29 November 2018

Inspired by ancient Tibetan meditation and mantra techniques, our sterling silver spinning rings, braclets and pendants are our most loved pieces, designed not only to adorn and embellish your body but to calm and soothe your mind.

Spinning jewellery has been used throughout history as a proven aid to anxiety, with the repetitive motion of spinning the ring instantly relaxing the soul and spirit.

Charlotte's Web Jewellery offer the original and most extensive collection of handmade Silver Spinning Rings, Pendants and Bracelets ranging from simple silver pieces to ornate gemstone adorned styles each piece tells a story. Charlotte's Web Jewellery also offer customisation options for customers.

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