

Amma Life announces sponsorship of pro-fighter

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CBD company Amma Life are now an official sponsor of pro-fighter Johnny Swift Smith (ProKick Gym, Belfast).

Amma Life promote health and wellness through CBD supplements and have recognised how CBD can support a pro-fighter to train harder, recover quicker and gain a competitive edge for an upcoming fight.

CBD (Cannabidiol) is a type of compound called a cannabinoid found in the cannabis plant and is what gives Amma Life's products their properties.

The Directors of Amma Life Sophia & K say, "CBD and fitness are a winning combination and we are excited to support Johnny in his upcoming fight. By working together our desire is to share with the kick boxing community the many advantages of CBD for fitness: recovery, muscle repair, relaxation & focus. All the things you need in a sports supplement to perform at the highest level".

Coach Billy Murray says:

"Johnny has been taking the CBD Amma Life product for the last couple of months and we can really see the difference in his fitness through recovery, muscle repair, and his heightened focus on training if that isn't enough he is sleeping so much better! Therefore, it's got to be a win-win."

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