

Amma Life Finalists at Business Excellence Forum and Awards

Submitted by: Andrea Sexton PR

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Bristol-based CBD company Amma Life had huge success at the Business Excellence Forum and Awards (BEFA) last week in Telford. They became finalists in the Best E-Commerce Business category. With over 300 companies entering the awards and 1500 in the audience on the evening it was a great achievement for both Amma Life and their business coach Gary Keating of ActionCOACH Bristol.

Amma Life is the brainchild of Bristolian entrepreneurs Sophia Ali and Kirk Thompson. Sophia Ali is an expert in the fields of CBD, wellness and healing. Previous to Amma Life, she ran a therapeutic practice where she specialised in healing methods for clients with emotional traumas and addictions. Sophia's work in holistic health led to her gaining a deep understanding between the intrinsic relationship between physical health and mental health. These days it is Sophia's passion for legal cannabis oils that fuels her work, having witnessed how many people's health can be optimised through the regular use of taking CBD supplements.

Sophia remarks "It is an honour to be chosen as finalists as the competition at these prestigious events is extremely high. We are really grateful for all the support we have received, especially from our coach Gary Keating, who has helped in our continued growth and business successes"

Editor's Notes

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Amma Life <https://ammalife.co.uk/>

It is Sophia Ali's passion for legal cannabis oils that fuels her work, having witnessed how many people's health can be optimised through the regular use of taking CBD supplements. Sophia remarks 'It is truly outstanding to hear our customer's feedback on how CBD has helped them over the years'. Sophia is a confident and educated advocate of the subject, and a fascinating conversationalist, especially in light of Canada and California's wider legalising of cannabis, and the predictions around legalisation of the plant in a wider sense in the UK.

Gary Keating <https://actioncoach.co.uk/coaches/gary-keating/>