

National Geographic Traveller (UK) June 2019 available on newsstands now

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LONDON (2 May 2019) — This issue, we unveil Italy's cool, contemporary side. We dip into stylish new hotels, fashion-forward renovations and slick openings, and ogle some of the country's cutting-edge architecture to paint a modern portrait of a classic destination.

PLUS free with the magazine is the latest 132-page National Geographic Traveller Food, which looks at the growing vegan movement across the globe, which is seeing more and more chefs put plant-based dishes at the heart of their menus. We also get a taste of kebab culture in the Indian city of Lucknow, learn more about that Provençal, ratatouille, and celebrate pie 'n' mash, one of the defining dishes of London's East End.

ALSO INSIDE THIS ISSUE:

Destinations: We explore the volcanoes of Nicaragua and the borderlands of western Hungary, and spend a long weekend in the Faroe Islands. Our photo story, meanwhile, focuses on the Mekong River, the border between Laos and Thailand.

Cities: Our urban stories this issue include Cape Town, Montreal, Bodrum, Beijing and Seattle.

Smart Traveller: Paris looks to life on the Seine, New York welcomes WorldPride, we go on the trail of architecture in Riga, check out the best rooms in Faro; live like a local in Biarritz; and take a trip to Chipping Norton.

Author Series: Elli H Radinger on Yellowstone.

Travel Geeks: Ask the Experts includes tips on a photography trip to Iceland, tackling Ireland's Wild Atlantic Way and hiring child car seats.

Traveller 10: The lesser-known corners of the Indian Ocean are where you'll find pristine jungle hikes, hands-on conservation experiences, grassroots tours, off-grid islands and low-key lodges.

PLUS: Win a six-night trip to the Maldives with Quintessentially Travel and Banyan Tree Vabbinfaru.

And our Travel Writing Competition 2019 is still open, with a chance to win an eight-night trip across Southern Africa with G Adventures: [nationalgeographic.co.uk/competitions](https://www.nationalgeographic.co.uk/competitions)
(<https://www.nationalgeographic.co.uk/competitions>)

For a 26-page digital sample of our June 2019 issue, visit: magazine.natgeotraveller.co.uk/jun19
(<https://magazine.natgeotraveller.co.uk/jun19/>)

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