# CJMB launches NEW “Gorgeous Greens” Organic Daily Greens with added Enzymes

Submitted by: Chris James Mind Body
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Chris James Mind Body have sourced superior quality organic seaweed, (Ascophyllum Nodosum & Fucus vesiculosus) wheatgrass, alfalfa, kale, nettle dandelion leaf in addition chlorella and spirulina which together help to strengthen the immune system, help with regularity, restore pH balance, and owing to its antioxidant-rich formula inhibits age-related enzymes and slows the ageing process.

“Gorgeous Greens” now contains added extra enzymes, lipase, amylase, papain, and protease, which help to facilitate digestion.

“Gorgeous Greens” now comes in sachets in a very cool cuboid box, delicious when added to freshly pressed juices and smoothies!  You get 20 x sachets or a month’s supply of “Gorgeous Greens” for GBP29

Free from wheat, yeast, starch, gluten, lactose, soy, added colourings, sweeteners and preservatives. Suitable for vegetarians, we use organic ingredients whenever possible.

CJMB launches "Gorgeous Greens" Organic Daily Greens in sachets x 20 (https://www.chrisjamesmindbody.com/product/gorgeous-greens-organic-daily-greens-powder) which produces great results!

Chris James Says:
“ Enzymes are a key health and beauty trend as we head into 2017.  I wanted to create a superior Greens supplement  for busy healthy men and women. ”

Apart from targeting the gut, "Gorgeous Greens" will assist in detoxifying other organs too.  Results will leave you feeling less bloated, your skin more radiant, plus you’ll also notice how much better you sleep and how boosted your energy levels are.”

Chris James Mind Body is exhibiting at Camexp 2016 this weekend which is the UK’s leading natural health and wellbeing event. Our founder Chris James will be Live at the Demo stage this Saturday 1245-1315 with MIND BODY CLEANSE. Come and see us stand 2018.

www.chrisjamesmindbody.com

CJMB’s Gorgeous Greens Super Smoothie
Serves 2
Ingredients
• Large handful of spinach
• ½ pear
• slice melon

• ¼ ripe avocado
• ½ orange
• 4 x ice cubes
• Almond milk to fill to level
• 1 serving x Gorgeous Greens
• Juice ½ lime (pealed)

Preparation

Juice the pears, melon, orange, spinach and lime. Put the avocado flesh into a blender along with the ice and Gorgeous Greens.  Blend everything until smooth.  Pour and enjoy!

Notes to Editors

For samples to review contact Jenifer at hello@chrisjamesmindbody.com

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We can also offer additional recipes on request!

Chris James Mind Body is a premium health & lifestyle brand that offers a 360 degree natural solution to achieving optimum levels of wellness year round. Our product range, including our signature product “12 Days” Cleanse is stocked at Harrods, Space NK, Wholefoods, and Naturismo. We deliver Mind Body Cleanse™ workshops and master classes internationally. Our Clean Break retreats are well known and exclusive.

www.chrisjamesmindbody.com



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