

TREAT YOURSELF TO 'A TASTE OF ST. KITTS'

Submitted by: River Communications

Thursday, 21 October 2010

AVAILABLE AT COTTONS & CARIBBEAN SCENE, LONDON, UNTIL 24 OCTOBER '10

London 21 October 2010: There is still time to treat yourself to some great Kittitian cuisine (<http://www.stkittstourism.kn>) being served up in London this week! Until Sunday 24th October, two local Caribbean restaurants (<http://www.stkittstourism.kn>), Cottons (<http://www.stkittstourism.kn>) (Camden) and Caribbean Scene (<http://www.stkittstourism.kn>) (Stratford) are offering traditional cuisines and rums from the beautiful unspoilt island of St. Kitts. This week of indulgence is all part of the St. Kitts Tourism Authority 'Taste of St. Kitts (<http://www.stkittstourism.kn>)' restaurant event in London inviting diners to experience true Kittitian specialities and find out more about the holiday experience offered to visitors.

The St. Kitts Menu at Cottons and Caribbean Scene restaurants is offered as a set menu for dinner with a lunch setting offered at Cottons this Saturday and Sunday, featuring traditional dishes such as stewed saltfish with spicy Plantain and Rice 'n' Peas, seasoned Tilapia with ginger plantain and Kittitian favourites such as Johnny cakes and rum cake. Guests will also have a chance to taste rum cocktails prepared exclusively with Kittitian rums such as Brinley Gold in flavours from Lime to Coconut, Mango, Coffee and Vanilla.

Lisa Elmes-Bosshard, UK Consultant to the London office of the St. Kitts Tourism Authority, said, "Taste of St. Kitts is an opportunity to showcase the unique holiday experience awaiting UK visitors to the island through its heritage of food and rums and of course the delicious cuisine as prepared by Cottons and Caribbean Scene. We are confident that members of the public, the media, trade and foodies everywhere will love the menu and be inspired by it" ..

Kittitian cuisine is salaciously and compellingly exquisite with a delightful combination of local tropical flavours. Whether you like it fresh, broiled, fried, sautéed, stewed, well done or rare, there is something to satisfy any palate. Excellent restaurants range from formal plantation house dining and relaxing city restaurants, to casual beach hideouts and roadside barbeques, offering a variety of tastes inspired by neighbouring islands, Latin America, North America, Africa, Europe and Asia.

Editor's Note:

Taste of St. Kitts is running at Cottons (Camden) and Caribbean Scene (Stratford) every day from 18 to 24 October, offering guests a three-course dinner sitting every day as well as a lunch setting on Saturday and Sunday at Cottons only, at a cost of £25.00 per person including a Kittitian rum cocktail. Bookings should be made directly at the restaurant quoting 'St. Kitts menu' at the time of booking. To celebrate Taste St. Kitts, one lucky diner will have the chance to win an exclusive St. Kitts hamper full of Kittitian goodies including delicious rum cake, rum, spices and much more, by completing entry forms at the venue.

Cottons Camden in Chalk Farm Road is one of the premier Caribbean restaurants in London featuring several 'Caribbean' themed dining rooms on the premises and a delightful rum shack area. The restaurant opens at 6pm till 11pm during the week, and till 11.30pm on Fri & Sat. Lunch on Sat is from 1pm till 4pm

and Cottons is open all day from 1pm till 10.30 on Sun. Booking details are: Tel: 020 7485 8388; address: 55 Chalk Farm Road London NW1 8AN.

Caribbean Scene is the brainchild of husband and wife Patrick and Valerie Marché who noted a lack of good authentic eateries that specialised within the Caribbean cuisine sector. The concept was developed over a three year period which resulted in the creation of three restaurant concepts together with a hospitality offering. Open all day, Caribbean Scene Family, located near the Olympic Park in Stratford, opened in May 2008 and is the current holder of 'Best Caribbean Restaurant in the UK '. Booking details are: Tel: 020 8522 8660; address: No. 1 Gerry Raffles Square, London E15 1BG.

St. Kitts and Nevis is currently served twice-weekly on Saturday and Tuesday from London Gatwick by British Airways, the first scheduled carrier to provide regular airlift to the island. The BA aircraft uses a three class, 280 seat Boeing 777 aircraft holding 40 Club World seats, 24 World Traveller Plus and 216 World Traveller seats.

For more information about St. Kitts, visit the website at www.stkittstourism.kn or follow St. Kitts on Facebook (My St Kitts) and/or Twitter (Stkittstourism).

If you are interested in a press trip to St Kitts, please contact Deirdre Cumberbatch/ Zarina Mcculloch
Email: deirdre@river-communications.com/ zarina_mcculloch@yahoo.com
Tel: 07793 045 839/ 020 8203 5011