

Forget General Election this is about the General Erection!

Submitted by: Savantini

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Whether you're a lefty or righty, there's one thing that every man in the UK can agree upon; the health of a man's John Thomas must come first, whether he swings to the left or right. So what happens when John Thomas isn't pulling his weight? After all those many years of cherishing him, he's decided he's just not feeling UP to it. So what do you do after panicking? Immediately turn to Viagra? But we all know that it's only effective for a short while and the side effects can turn pretty sour.

Professor Grace Dorey (<http://www.yourpelvicfloor.co.uk/>) is on a crusade to keep all men's erections HARD.

Grace found from her PhD research that pelvic floor exercises helped to restore men's potency in 40% of men with a further 35% having improved erections. They also cured that annoying dribble of urine after leaving the toilet. Grace was awarded a professorship with the University of West England, Bristol. Her findings presented to the International Continence Society, UK won the Award for the Best Scientific Presentation. In 2012 she was awarded an MBE.

The subject of incontinence is considered taboo, but Grace's guides for men such as "Use it or Lose it", "Stronger and Longer" and "Pump up Your Penis" are all guides for men to tackle dribbling and keep your John Thomas fighting fit.

Grace is one of the world's leading experts in the field of pelvic floor physiotherapy in men and champions the impact of pelvic floor exercises on erectile dysfunction, incontinence, prostate health and sexual performance. In other words - she really does know what's best for John Thomas.

Private Gym (<http://www.privategym.co.uk/>) is the only exercise program you will need to strengthen the pelvic floor muscles to achieve and maintain harder, long lasting erections. All you have to do is devote a small 10 minutes a day, 3 times a week and follow Private Gym's training program for 4 – 8 weeks.

Don't believe us? Well listen to what the Professor of Physiotherapy/Urology has to say about Private Gym:

As good as Viagra, without the cost and the side effects – Dr. Grace Dorey, The New York Times, July 2004

The Private Gym Complete Program

(<http://www.privategym.co.uk/products/private-gym-complete-training-programme/>) includes an 8-week interactive program that uses a body-safe silicone penile weight to maximise pelvic muscle growth to prevent incontinence, erectile dysfunction and steer clear from future prostate and bowel problems.

Private Gym found that basic training of the pelvic floor muscles (Private Gym's Basic Program (<http://www.privategym.co.uk/products/private-gym-basic-training-programme/>)) strengthens the skeletal muscles; they discovered that incorporating weighted training accelerates pelvic muscle growth and strength, with the most significant improvements in erectile rigidity, ejaculatory control and orgasm intensity.

The results of the Private Gym research revealed the following remarkable results

(<http://www.privategym.co.uk/how-it-works/the-science/>):

- 75% improved erectile rigidity and strength (25% greatly improved)
- 90% experienced heightened orgasm intensity
- 40% improved ejaculatory control (25% greatly improved)
- 75% improved ejaculatory force (12% greatly improved)
- 90% improved confidence in the bedroom/sexual performance (50% greatly improved)
- 60% experienced increased sexual pleasure (38% greatly improved)

Are your ears pricking and you want to find out how something so small can give you mighty results? Here at StressNoMore, we would like to send you a Private Gym Complete Program for you to feature; this is an innovative medical product that we know that Private Gym can improve and prevent symptoms of erectile dysfunction remarkably, please contact me directly on 01482 888785 (ext. 219) or via email: faye@savantini.com

To find out more about the innovative and EFFECTIVE medical program to treat erectile dysfunction and incontinence please visit: www.privategym.co.uk

Yours sincerely,
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StressNoMore