

UK's First Matcha Tea Blended Especially For Exercise

Submitted by: T-tox

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T-tox has launched the UK's first ever blended Matcha tea especially formulated for improved wellbeing, health and fitness.

Limited samples available. To request, please contact AJ Sharp on aj@sharprelations.com

The T-tox blended Matcha tea range is made using only the best ceremonial grade Matcha. The benefits of Matcha are well documented, it is evidenced to boost metabolism, burn calories, naturally detoxify, calm the mind, relax the body, enhance mood, aid concentration, promote healthy skin tone and lower blood pressure, blood sugar and cholesterol.

Matcha Energise (pre-workout)

Better prepares you for activity and exertion by blending Japanese Matcha green tea powder, Ginger powder, Guarana powder, Ginseng powder and Gingko Biloba powder. RRP £25 for 40g (63p per cup) Available from www.t-tox.com

Matcha Recovery (post workout)

Improves recovery from activity and exertion by blending Japanese Matcha green tea powder, Peppermint powder, Nettle powder, Milk Thistle powder, Spirulina and Lavender powder. RRP £25 for 40g (63p per cup) Available from www.t-tox.com

Matcha Health (everyday drinking)

Overall active day performance improvement by blending Japanese Matcha green tea powder and Moringa powder. RRP £25 for 40g (63p per cup) Available from www.t-tox.com

T-tox Blended Matcha Tea Benefits

Packed with Antioxidants

T-tox Blended Matcha Tea is packed with antioxidants, the nutrients and enzymes responsible for slowing the creation of dangerous free radicals following exposure to UV rays or tobacco smoke.

One serving of T-tox Blended Matcha tea is the nutritional equivalent of x10 cups of regular green tea.

Benefits of Green Tea

- High in Antioxidant polyphenol like flavonoids and catechins (including EGCG)
- Gentle slow release caffeine and amino acid L-theanine which has anti-anxiety effects.
- Increases fat burning
- Increases weight loss success
- Helps to stabilise blood sugar

T-tox Blended Matcha teas are made with whole Matcha leaves, providing the drinker with 100% of the available antioxidants.

Disease fighting antioxidants Matcha offers the ultimate source of catechins, which is the most potent and beneficial antioxidant. 60% of the catechins in Matcha are made up of one specific catechin known as EGCG (Epigallocatechin Gallate) which is widely recognised for its disease fighting properties.

Slow release caffeine

One serving of Matcha contains around 30-40mg of slow-release caffeine. One serving of coffee contains approximately 200mg of caffeine and Matcha slowly releases the caffeine over up to 6 hours. The Matcha also contains the amino acid, L-theanine which can decrease stress levels and increase alertness.

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