

World Diabetes Day - Resources and help for a diabetic

Submitted by: Trade Diet Plate

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World Diabetes day, is a day when we are asked to focus on diabetes and concentrate our efforts to help those with this insidious disease.

It is clear that obesity is the primary cause of Type 2 Diabetes and, by simply losing weight we can control blood sugars and avoid the drastic effects of nerve damage to limbs which may result in amputation. Diabetes may also cause blindness and this too can be avoided by reducing blood sugars with weight loss.

In June 2006 a clinical study was published in the Internal Archives of medicine (Arch Intern Med. 2007;167:1277-1283) concluding the outstanding and groundbreaking results of The Diet Plate weight management solution as an effective product to help control Type 2 diabetes.

The Diet Plate (<http://www.thedietplate.com>) a cost effective resource, was overlooked by the media at that time because most of the country was suffering with devastating weather that flooded the news channels.

Nevertheless, in this time of austerity, it is important to revisit this clinical trial conclusion because never before has such a cost effective resource been so needed by the NHS.

Financially, the Diet Plate can save a whopping 85% on the cost of some of the initiatives currently used by GP's and give better results according to Kay Illingworth, director of the company.

Medically, the Diet Plate can save limbs, kidney's and eyes!

Kay Illingworth, creator and managing director at The Diet Plate Ltd (<http://www.dietplate.tv>), said, "while we were dissapointed that the results from the trial were overlooked in the UK, over the last 4 years we have been able to make some ground back with personal contact and evidence of efficacy of the product.

The weight loss and falling blood sugar results from T2D sufferers who use the Diet Plate, has been so encouraging that many individuals from PCT's are starting to listen and more importantly, supply the Diet Plate to their patients, which is really encouraging.

Several groups are springing up through community led diabetic groups and children's centres across the country, and patients are benefitting from startling results."

Kay, has now been honoured with an invitation to join the Royal Society of Medicine as an associate member. Kay added, "I am thrilled to have been invited to join The Royal Society of Medicine, I feel quite humbled. I have worked for ten years to bring The Diet Plate to the public eye and with the help of my colleague Dr. Ian Campbell MBE and founder of the National Obesity Forum, to the notice of the medical profession."

More information about the Diet Plate (<http://www.thedietplate.com>) and how it can help diabetics can be found at www.thedietplate.com

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